

Job Ready Services



April 2010

The Truth About FCE's: Art or Science?

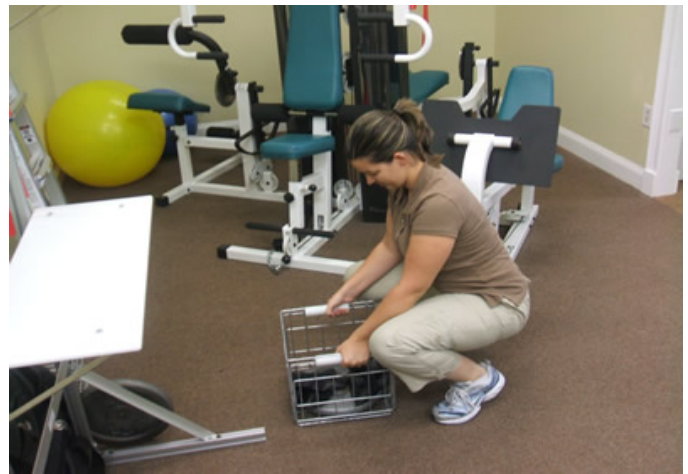
Why do you refer a client to have a FCE? To determine a client's safe work abilities? To determine their level of effort (i.e. are they being compliant or uncooperative)? To complete medical forms or just get more information for MMI? How do you choose which provider to use for the service? A recent survey suggested the main deciding factor was how quickly the report would be ready with or without the need for the urgency. Factors such as readability of the report, information provided, and accuracy did not rate as high on the scale. Why do some attorneys not want their clients seen by some providers but are fine with others?

Think about it.

What if...?

- there is research out there that proves the most commonly-administered sincerity of effort assessments fail to detect feigned weakness at least 30% of the time—and the rest of the time, the classification might be “correct” but legally indefensible? (Twenty-five times in the past 20 years, published studies in peer-reviewed journals tell us that the “standard” methods of assessing effort do not work.)
- there is research that proves the use of isometric or isokinetic testing models cannot predict function? Research shows isometric testing can be correct 95% of the time but the margin of error is so large, that the results noted are almost useless. For example, the results might indicate a person can “safely lift 60 to 180 lbs based on this test”. That's a pretty big range! Can they lift 60 lbs or can they lift 180 lbs?
- there is research that proves visual estimation of effort methods are only correct 50% to 60% of the time and that trained professionals have little or no greater accuracy than lay people in determining degree of effort?

Pun of the day: *Did you hear about the Buddhist who refused Novocain for a root canal? His goal: transcend dental medication.*



Why do a FCE?

Research shows the sooner abnormal test behavior is documented, the better able the claims manager is to make appropriate claims management decisions. While non-cooperation during a test does not necessarily indicate that a claim for compensation is “bogus”, early detection of counterproductive behaviors is the keystone to good claims management.

Research shows there is a unique functional testing approach that is based on repeated measures and “distraction-based testing” concepts. Distraction-based testing is intended to investigate the issue of validity of effort by testing the claimant multiple times, but in non-obvious ways. This approach serves two purposes. First, it is highly accurate in **objectively** identifying non-cooperative behaviors in a legally-defensible way. Second, it is also highly accurate in **objectively** identifying good effort.

Join us on **May 20, 2010** at Job Ready Services to explore this topic further.

Upcoming Events...

Lunch & Learn: Sincerity of Effort Testing

Thursday, May 20, 2010

Location: Job Ready office in Raleigh

Speaker: Debra Lord

Time: 12:00 pm – 1:30 pm

CCM, CRC & DOI credits pending approval

RSVP: michelle.morgan@jobreadyservices.net

Visit our booth at the NC Safety Conference in Greensboro:

May 12-14

Upcoming Events (continued)...

June Lunch & Learn:

Topic: Prolotherapy
Speaker: Dr. Cathy Duncan,
Carolina Back Institute

Location: Job Ready office in
Raleigh

Details coming soon!!!

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Happy 4th Anniversary
To
Job Ready Services!!

